I'm pregnant – can I get the vaccine?
- Yes, you can. It has been approved for use in pregnancy.
- It is recommended for all people 12 years and older, including those who are pregnant, breastfeeding, or trying to get pregnant now or in the future.
- Data shows COVID-19 vaccines are safe, while the risk of becoming seriously ill or dying due to COVID-19 is very real.
- COVID-19 vaccines create an immune response but do not reproduce inside your body.
- Pregnancy puts you at an increased risk for a more severe illness from COVID-19 when compared to non-pregnant people.
- Pregnancy complications, such as preterm birth, are increased if you get sick with COVID-19 while pregnant.

Is the vaccine safe to get while pregnant?
- Yes, the vaccine is safe with pregnancy.
- No unexpected pregnancy issues or problems with unborn babies as a result of vaccination have been identified.
- If you have had severe reactions to a vaccine, talk to your health care provider.

Is it effective?
- Yes, COVID-19 vaccines reduce the severity of the virus or symptoms if exposed to the virus.
- You will need to complete your dose(s) to have it be fully effective.
- You may receive the COVID-19 vaccine the same day or close to receipt of other vaccines.

Will getting the vaccine give me the virus?
- No, it does not contain any live virus that causes COVID-19.

I received my initial vaccine doses, should I get the booster shot if I am pregnant or considering pregnancy?
- Yes, it is recommended that pregnant individuals and those considering pregnancy receive the booster shot when eligible to help reduce breakthrough exposures and increase their immunity to COVID-19.

What are the side effects?
- Not everyone will have side effects.
- Pain, redness, swelling in the injection site; tiredness, headache, muscle aches, chills, fever, nausea may be possible side effects.
- A vaccine registry that is gathering information on breastfeeding and the COVID-19 Vaccine can be accessed at https://vsafe.cdc.gov/en/

Remember to stay safe and follow local recommendations!

Scan QR code to find a vaccine location near you.

For breastfeeding, see this infographic.

Information is continuously changing – accurate as of publication date. For current information, refer to the CDC website and talk with your health care provider:


This infographic was supported by the American College of Obstetricians and Gynecologists (ACOG) and the Centers for Disease Control and Prevention (CDC) of the U.S. Department of Health and Human Services (HHS) as a part of a financial assistance award totaling $33,000 with 100 percent funded by ACOG and CDC/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by ACOG, CDC/HHS, or the U.S. Government.