



AWHONN

PROMOTING THE HEALTH OF
WOMEN AND NEWBORNS

**FETAL HEART
MONITORING
PROGRAM**



AWHONN

PROMOTING THE HEALTH OF
WOMEN AND NEWBORNS

FETAL HEART
MONITORING
PROGRAM

**The recognized standard bearer
in fetal monitoring education.
Great resources for certification
examination preparation.**

Bring the Fetal Heart Monitoring Program to your hospital and find an instructor in your area by visiting awhonn.org/fhm.

For additional questions and comments, email us at fhm@awhonn.org.

An Introduction to Fetal Heart Monitoring

**CNE/CME Contact Hours: 2.8/
none**
Self-paced online course

Take if: *You're a perinatal clinician new to the field or an experienced nurse seeking a refresher on the latest evidence-based best practices.*

This interactive online program provides a basic introduction to fetal heart monitoring. The course modules cover maternal-fetal oxygenation, fetal heart rate auscultation, contraction palpation, electronic monitoring instrumentation, and tracing analysis and interpretation, along with principles of documentation, communication, and risk management. Periodic exercises and knowledge checks are included.

Intermediate Fetal Heart Monitoring Course*

**CNE/CME Contact Hours:
18/15.25**
Two day, Instructor-led course

Take if: *You're a clinician who has completed basic education in FHM and use fetal heart monitoring in the intrapartum setting.*

This course addresses principles of fetal heart monitoring and may be used as a knowledge assessment tool to validate comprehension of experienced perinatal clinicians. This course includes lecture, hands-on skill station exercises about fetal heart rate auscultation, performing Leopold's Maneuvers, placement of an intrauterine pressure catheter and fetal spiral electrode, interpretation of tracings, identification of physiologically-based clinical interventions, communication, and documentation.

Fetal Heart Monitoring Simulation-Intermediate & Advanced Courses

CNE/CME contact hours: 1.5 available through 12/31/22
Self-paced online course

Take if: *The interactive simulation program may be used as interval education to complement but not replace instructor-led courses.*

AWHONN now offers four online courses to help you stay abreast of the latest evidence-based best practices.

- Fetal Heart Monitoring Simulation Intermediate (FHMSIM) I
- Fetal Heart Monitoring Simulation Intermediate (FHMSIM) II
- Fetal Heart Monitoring Simulation Advanced (FHMSIM) I
- Fetal Heart Monitoring Simulation Advanced (FHMSIM) II

Both the intermediate and advanced courses contain case studies and fetal heart monitoring tracings that challenge users to apply physiological principles and NICHD terminologies and categories to interpretation. Receiving immediate feedback and answering rational statements reinforce learning.

Advanced Fetal Heart Monitoring Course

CNE/CME contact hours: 8/6
One day, Instructor-led course

Take if: *You're a perinatal clinician who has completed the AWHONN intermediate or advanced coursework, or a comparable fetal monitoring education program. Perinatal clinicians who hold certifications or added credentials in fetal heart monitoring are also eligible.*

The Advanced Fetal Heart Monitoring Course expands on the knowledge and physiological principals presented in the AWHONN Intermediate Fetal Monitoring Course. This course uses a case study approach to support the analysis of complicated patient clinical information and tracings. The course emphasizes the physiology of fetal-maternal oxygenation, instrumentation, interpretation of tracings, and the selection of interventions as well as communication and documentation techniques. An optimal integration test is available.

Become an FHM Instructor

Upon completion of AWHONN's Intermediate FHM Course level, you are eligible to become an FHM Instructor by fulfilling the requirements listed below.

CNE: 8 hours available to participants who attend the entire course and complete the online feedback form. Instructors have the opportunity to participate in the FHM program at various levels.

Instructors at all levels must:

- Maintain AWHONN membership at all times
- Follow the FHM program's administrative guidelines
- Teach a minimum of 25% of each course (Intermediate includes lecture and skills stations)
- Maintains feedback scores of at least four in all areas of content (Instructor Trainers must maintain 4.5 in all areas)

Instructor Levels

- Intermediate Course Instructor
- Intermediate Course Designated Instructor
- Advanced Course Instructor
- Advanced Course Designated Instructor
- Intermediate & Advanced Instructor (teach both courses)
- Intermediate & Advanced Designated Instructors (teach both courses)
- Instructor Trainers

Learn more about instructor requirements by visiting AWHONN.org/FHM. Search under the Become an Instructor link.

Nursing contact hours: Pending approval from AWHONN



1800 M Street, NW, Suite 740S
Washington DC, 20036

800-354-2268

awhonn.org/fhm

The Association of Women's Health, Obstetric and Neonatal Nurses is accredited with distinction as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

Accredited status does not imply endorsement by AWHONN or ANCC of any commercial products discussed/displayed in conjunction with the educational activity.

AWHONN is approved by the California Board of Registered Nursing, Provider #CEP580.